

Finnhockey School Camp (preliminary)

Time	Monday	Tuesday	Wednesday	Thursday	Friday
7:00		7:00 Breakfast	7:00 Breakfast	7:00 Breakfast	
7:30		7:30 Warm up	7:30 Warm up	7:30 Warm up	
8:00		8:00 Ice Practice	8:00 Ice Practice	8:00 Ice Practice	8:00 Breakfast
8:30					
9:00					8:30 Off-ice Practice
9:30					
10:00			10:00 Off-ice Practice	10:00 Off-ice Practice	
10:30			11:00	11:00	10:30 Camp Games
11:00		Flow Park			
11:30	11:30 Camp registration		11:30 Lunch	11:30 Lunch	
12:00					
12:30	13:00 Opening ceremony	13:00 Lunch			12:00 Closing ceremony
13:00			13:00 Off-ice Practice	13:00 Off-ice Practice	12:30 Lunch
13:30	14:00 Warm up		14:00	14:00	
14:00					
14:30	14:30 Ice Practice	14:30 Ice Practice	14:30 Ice Practice	14:30 Ice Practice	
15:00					
15:30	16:00				
16:00					
16:30	16:15 Off-ice Practice	16:15 Off-ice Practice	16:30 Dinner	16:30 Dinner	
17:00					
17:30	17:45 Dinner	17:30 Dinner			
18:00			18:00 Other sports		
18:30		18:30 Sauna + swimming		18:30 Saarijärvi, Letturanta + evening snack	
19:00					
19:30	19:30 Other sports				
20:00					
20:30	21:00	21:00	20:30	21:00	
21:00					
21:30	21:30 Evening snack	21:30 Evening snack	21:30 Evening snack		
22:00	22:00 Silence	22:00 Silence	22:00 Silence	22:00 Silence	
22:30					